

Support Your Family & Friends with **Caregiver Quick Reference**



Why Does Your Family Need Caregiver Quick Reference?

Over the last year more than 65 million Americans provided unpaid care to a loved one. But the impact on the caregiver is often forgotten. The burden is tremendous and time is precious.

An unexpected diagnosis. An accident late on a weekend evening. We provide simple and intuitive quick reference to help caregivers assist family members and friends during those unexpected times.

Are you doing too much?



70% of working caregivers suffer work-related difficulties due to their dual roles.

What is Included in Caregiver Quick Reference?

Diagnosis Support Reference

We provide extensive reference for the most common 50+ diagnoses and conditions facing American families. Information regarding simple first aid procedures also is available in simple and intuitive formats. Our reference is carefully vetted by our researchers from leading medical institutions and journals on an ongoing basis.

KeyTo Success

Simple guidelines specific to a diagnosis that will assist a caregiver or care recipient in better understanding or providing behavioral, nutritional and basic care information related to the diagnosis.

Shopping Guides

Nutritional suggestions and shopping lists for specific diagnoses that can be printed out before shopping to assist in a dietary program to promote better health.

Supplement Guides

Supplemental suggestions specific to a diagnosis or condition to promote better health management for the care recipient. To be coordinated and approved under the supervision of a physician.